

COVID-19 Return to Play - Policies & Agreements

THIS DOCUMENT MUST BE READ IN ITS ENTIRETY BEFORE REGISTERING IN SHERWOOD PARKDALE SKATING CLUB PROGRAMS. YOU WILL BE REQUIRED TO SIGN OFF IN AGREEMENT OF THIS DOCUMENT WHEN COMPLETING YOUR REGISTRATION.

YOU WILL ALSO BE REQUIRED TO SIGN A HARD COPY ASSUMPTION OF RISK WAIVER ON YOUR FIRST DAY OF CLASSES BEFORE PARTICIPATING IN SPSC PROGRAMMING.

The protocols listed below are based on Current PEI directives from the CPHO, Skate Canada, Skate Canada PEI and Cody Banks Arena. The main purpose of Sherwood Parkdale Skating Club (herein known as SPSC) and Skate Canada is to keep their members, board, staff, and volunteers safe. These protocols may be updated at any time.

IF YOU ARE ILL OR SHOW SIGNS OF ILLNESS

If an individual is showing signs of COVID-19

If an individual is showing signs of COVID-19 including but not limited to a fever, cough, body aches, or shortness of breath prior to coming to their program session, they MUST NOT come to the arena and stay home until they feel well.

Recommendation by the CPHO at this time would be to call 811 for an assessment.

If an individual becomes unwell with symptoms of COVID-19 during their Program

If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in SPSC Activities.

The individual should be isolated from other participants in a well-ventilated area or proceed to an outdoor location and wear a non-medical face mask.

The individual will be sent home and instructed to follow public health guidelines regarding self-isolation and testing.

The Cody Banks facility should be informed of any individual who is showing symptoms of COVID-19 to determine if any areas need to be closed and/or require additional cleaning/disinfecting.

An executive member of the SPSC board must be informed of the situation and will contact the individual or the parent/guardian to determine if next steps are being taken regarding testing

If an individual is tested for COVID-19

If a member of SPSC is tested for COVID-19, that member must not participate in any club activity while waiting for results of the test. Refunds or credits will not be provided while the individual is waiting for results.

If a member of SPSC or someone in the members household has been recommended for testing, they must inform SPSC by emailing sherwoodparkdaleskatingclub@hotmail.ca within 4 hours of the test being recommended. Results of the test must be sent to sherwoodparkdaleskatingclub@hotmail.ca as soon as they are available. The Skater is not permitted to return to programming until results of the test have been received by SPSC.

If an individual tests positive for COVID-19

If an individual tests positive for COVID-19 they must immediately contact SPSC by email: sherwoodparkdaleskatingclub@hotmail.ca or by phone or text to: (902) 393-7357.

The SPSC Board of Directors will work with the facility and public health officials to assist in contact tracing. Any SPSC members who were in close contact with the individual should not participate in any SPSC Activities for 14 days and should follow public health guidelines regarding self-isolation and testing.

SPSC will inform all current members of any positive test results that have occurred within the SPSC programming. To maintain privacy, no names will be provided.

Travel outside of the Atlantic Bubble

Any participant who has travelled outside the Atlantic Bubble or has someone in their household who has travelled outside the Atlantic Bubble and is unable to self-isolate from other household members, MUST self-isolate and not participate in SPSC Activities for 14 days. No refund/credit will be provided for this isolation.

Any individual who has been exposed to someone with a confirmed case of COVID-19 MUST self-isolate according to CPHO and is not permitted to participate in SPSC Activities for 14 days. No credit/refund will be issued for this 2-week isolation.

Return to Activities following illness:

If no test was performed, or the COVID-19 test was negative, the individual may only return to activities once they no longer have any symptoms similar to COVID-19.

Following a positive COVID-19 test, an individual must follow all public health guidelines regarding returning to activities.

Modification/restriction/postponing or cancelling of SPSC Activities

SPSC will follow directions from CPHO and Cody Banks arena regarding any program modifications/restrictions/postponements or cancellations of SPSC Activities.

SPSC CANCELLATION/REFUND POLICY

Any participant needing to cancel their registration due to a positive COVID-19 test may be offered a credit/refund on their account with Board Approval if there are 4 weeks or more remaining in the program.

For any program cancelled by the club, the club will refund prorated registration fees (except for the Skate Canada Insurance \$43.65) and 1% processing fee if there are 4 weeks or more remaining in the program.

See Terms and Conditions for more details on refunds and credits. A link for Terms and Conditions can be found on the bottom of our Home Page, as well, you will be required to read and accept Terms and Conditions upon check-out when registering in a program.

IMPORTANT REGISTRATION INFORMATION

Skaters will arrive fully dressed in all equipment. It must be clear that anyone registering **MUST own skate guards** as they are not permitted to walk on concrete or hall floors at the rink and **will not be permitted inside the building unless guards are worn.**

Changes to our Canskate Programming for the 2020 - 2021 Season

Programs will run in two, 10-week intervals during Winter Session. No full season programming (20+ weeks will be offered)

Please read program descriptions below before registering.

Parent Assisted Beginner Canskate:

For new participants who have not skated before and are NOT able to STAND and/or MOVE on their own, **MUST** have a parent register as a Parent Assistant to assist their participant on ice. Though there is no program cost for the assistant, a **mandatory Skate Canada Membership Fee for insurance purposes must be purchased** and will be added to your invoice automatically when registering.

Recommended age: 3 yrs and up

Canskate:

All participants (past participants or new) **MUST** be able to **STAND, MOVE and follow instructions on their own**, as well, they **MUST understand the rules of physical distancing**. Any participants who can stand and move on their own BUT CANNOT follow directions or understand physical distancing **MUST** have a parent assistant. Registration as a parent assistant must be completed at the same time as the participant registration. Though there is no program cost for the assistant, a **mandatory Skate Canada Membership Fee for insurance purposes must be purchased** and will be added to your invoice automatically when registering. SPSC has the right to limit the number of parent assistants on the Canskate Program. Those skaters who we determine need an assistant and do not have one, may be requested to move to the Parent Assisted Program. **New Participants** (have never skated with SPSC previously) who require an assistant **MUST** register in the Parent Assisted Beginner Canskate Program.

Recommended age: 5yrs and up for past participants, 10 yrs and up for new participants who can stand and move on their own.

Parent Assistant:

A Parent Assistant is required for the Parent Assisted Beginner Canskate Program. A Parent/Guardian Assistant is also required on our CanSkate Session for any registered participant who cannot understand physical distancing or requires assistance with direction or requires close contact for assistive reasons. Though there is no program cost for the assistant, a **mandatory Skate Canada Membership Fee for insurance purposes must be purchased** and will be added to your invoice automatically when registering.

Canpower Skate

CanPower Skate is an action-packed, high energy instructional power skating program geared towards hockey and ringette skaters and focuses on balance, power, agility, speed, and endurance. CanPower Skate is for children who have completed Canskate Stage 4 or are assessed for skills including skating forward, backwards, stopping, crossovers and can skate the length of the rink using alternate strides. Participants requiring a parent assistant should register in one of our Canskate programs to learn the fundamentals of skating prior to registering in Canpower Skate.

Full hockey/ringette gear must be worn, including a CSA approved helmet.

COVID-19 RETURN TO PLAY DAILY ACTIONS AND POLICIES

- Parents drop off participants at the main door for screening and must provide a cell phone number each day for emergency purposes.
- No parents are permitted inside the Cody Banks Arena unless they are registered as an on-ice Parent assistant.
- For all Canskate participants, parents must remain in the Cody Banks parking lot for emergency purposes and must provide volunteers with information on how to reach them should there be an emergency during their session or if their skater needs assistance.
- Participants must arrive fully dressed ready to go on the ice with skates & skate guards, CSA approved helmet and mittens.
- Any Participant missing any required equipment/clothing will not be permitted to participate in their session.
- The Skater's name must be on each Skate Guard.
- CanSkate/CanPower participants are not required to wear a non-medical face mask but should carry one with them if possible. Parent Assistants are required to wear a non-medical face mask.
- STARskaters are required to wear a non-medical face mask when entering and exiting the building or anytime they are not on the ice.
- Program Assistants are required to wear a non-medical face mask at all times they are in that role.
- Pick up will be at the designated door immediately following the session. Parents should already be in the parking lot to receive their skater. We cannot accommodate late pick up.
- Parents should wear a non-medical face mask when dropping off and picking up.
- Non-medical reusable face masks and mittens should be washed after each session

PRIOR TO REGISTERING - QUESTIONS TO ASK YOURSELF AND YOUR PARTICIPANT

Please ask yourself and your participant the following questions before registering.

Take NOTE: no refunds or credits will be administered if your child refused to go into the facility without you. Withdrawal from the program must happen before the start of the program (minimum one day before their first ice session) to qualify for a refund/credit.

1. As a parent, I am not allowed in the facility. Will my child follow directions and enter on their own with directions from a SPSC volunteer?
2. As a parent, do I feel comfortable letting my child enter the building on their own? Am I comfortable with not being able to watch my child on their session?

3. Can my child fall and stand-up on their own without assistance?
4. Does my child understand physical distancing and that they must maintain a 6 feet distance from everyone in the facility, even friends and instructors?
5. Does my child understand that they must follow the directions of the coaches and volunteers to keep themselves and others safe?
6. Would my child feel more comfortable if I was a designated volunteer and was allowed in the facility in a volunteer role?
7. Am I registering my child in the correct program? If you are unsure, please contact us at sherwoodparkdaleskatingclub@hotmail.ca or go to our Contact Us page to send us your inquiry.

THINGS TO NOTE REGARDING PROCEDURES AND POLICIES

- SPSC will provide a “COVID -19 Return to Play- Policies and Agreements ” to all participants and coaches.
- SPSC will provide relevant and up to date information regarding SPSC Activities and the effects of COVID-19 on both our Home Page as well our drop down Links tab.
- A screening process will happen each time a participant enters the facility. Parents should be available to assist with answering verbal questions and providing a cell phone number for each day.
- Attendance & Contact information will be taken by volunteers each session and no participant is permitted in the building without providing contact information in case of an emergency and contact tracing.

MUSIC - iPod

- Coaches only will have access and permission to use the iPod and music devices. Wipes and sanitizer will be provided. Skaters and PAs are no longer permitted to use the iPod.
- The music level for the iPod will be kept at an acceptable level so that skaters are able to hear directions from the coaches who will be wearing non-medical face masks.

Program Assistants (PA's)

- PA Jackets will be out of commission until further notice. Program Assistants will wear their own personal warm clothing during Canskate Sessions.
- Program Assistants who already have a SPSC toque may wear it on Canskate Sessions but must regularly clean it throughout the season.
- The role of the PA will change this year as they must maintain physical distancing from coaches and participants. PA's will assist by demonstrating, supervising specific circuits as required under the direction of coaches. PAs must be focused and provide verbal cues to skaters to help with motivation and direction.
- All PA's will wear a non-medical face mask on Canskate sessions when they are in the PA role.

Sanitizer

- Hand Sanitizer and wipes will be at rink side during each session
- Hand Sanitizer will be available at the Entrance
- Equipment and high contact surfaces used by SPSC will be wiped down by coaches before and after each session.

Non-Medical Face Masks

- All coaches, PAs and Volunteers will be required to wear a non-medical face mask inside the facility and when in close proximity of participants.
- Participants must wear a non-medical face mask as they enter and exit the facility. CanSkate & CanPower participants are not required to wear a non-medical face mask but may do so if they choose.
- Parents are requested to wear a non-medical face mask during the screening process of their participant and when picking up their participant at the exit door.
- Non-medical reusable face masks must be washed regularly.

Volunteers Required - Please contact us if you are interested in volunteering

- 2 volunteers at check in at the entrance to screen, take attendance and collect cell phone contact #s for that day
- 1 volunteer to supervise Senior Starskate breaks upstairs
- 1 volunteer to remain in the lobby during each session for any late arrivals and/or greeting participants for the next program.
- 2 volunteers to walk out with CanSkaters after their session, into the designated parking spaces outside the side door exit to help parents collect skaters.