

SPSC 2019-2020 Skating Season

Sherwood Parkdale Skating Club

PREPARING FOR THE UPCOMING SEASON It's almost here!

Special points of interest:

- *New Programming*
- *Changes to old PreCanskate Program*
- *More sessions for Canskate*
- *FALL Canskate*
- *Craft Fair*
- *Important Dates*

Hello SPSC Members,

My name is Chanda Bissett and I was elected as your new President for the 2019-2020 Skating Season. Laurie Godfrey has moved into the roll of Treasurer and Past President. I am looking forward to a great season in my new roll and working with our Board of Directors. Please e-mail me with any concerns, questions or to let us know how we are doing as your representatives.

Please read below about new programming and initiatives coming up this season. Registration is just around the corner.

Enjoy your summer! We will see you soon.

Chanda Bissett



New Programming for Winter 2019-2020

CanPowerSkate is an action-packed, high energy instructional power skating program geared to hockey and ringette skaters that focuses on balance, power, agility, speed and endurance. **CanPowerSkate** is the only nationally regulated power skating program in Canada. It was developed by a team of hockey, figure skating and ringette experts to teach the fundamentals of power skating in a progressive and sequential manner. **CanPower Skate** is for children who have either completed Pre CanPower Canskate, Stage 4 Canskate or is assessed for skills including skating forward, backwards, stopping, crossovers and can skate the length of the rink using alternate strides.

PreCanPower Canskate is part of our Canskate program recommended for children between 3-16yrs of age. This is designed for beginner skaters prior to starting the **CanPower Skate Program**. It encompasses the theme and development of skills in preparation for **CanPower**.

PreCanskate is Now "Beginner Canskate"

Our old PreCanskate program has been modified for improved progress and development. The format will now allow seamless streamlining into the Canskate Program and has a new name...."Beginner Canskate".

There will be *four sessions* to choose from instead of two during our winter sessions. There are two sessions on Sundays (take special note of the time you are registered for), and one on each of Monday's & Thursdays. This level of skater will be in a small group and will share the ice with Canskaters.

The session is 45 minutes long. Skaters progress at their own pace. Starting age remains at 3yrs of age. Parents may assist skaters

INCREASED CANSKATE SESSIONS

Sundays will now offer two Canskate times. Take note of your registration time when registering on this day. You also have the choice of Beginner Canskate or Canskate to register in. Beginner Canskate is for non-skaters/non-movers at time of registration. Non-skaters may also register in our Canskate Program but should be at least 5 yrs of age otherwise please choose Beginner Canskate as your starting class. We will continue to offer a discount if you purchase a second day of Canskate during the winter months.

FALL BEGINNER CANSKATE & CANSKATE

Our Fall session offers 2-Days a week sessions for both Beginner Canskate & Canskate on shared sessions. We have two options: Sunday & Friday or Wednesday & Saturday. The days are not interchangeable. Take note of the package days when registering for these sessions.

Craft Fair and More

Saturday, September 14th the SPSC Synchro Team will be hosting a Craft Fair at Cody Banks Arena.

Table Rentals are only \$25.00. *Book your table now* by either registering under events on our website or e-mail the attached form with your cheque to :

PO Box 20157
161 St. Peters Rd
Charlottetown, PE C1A 9E3

Spread the word to interested parties to either rent a table or come and see what people have to offer. The Club will have a table for used skates and dresses. Members are welcome to sell their items at the "Club Table" at no charge however vendors must be present and be responsible for your items.



STAY INFORMED

The best place to stay informed is your personal calendar when you are logged into your account, and our Home Page News column.

Our volunteers will do their best to send out reminder e-mails but this is not always possible. Please check your calendars regularly for no skating days or change in times.

Our Home page 'program information' and 'terms and conditions' has lots of information on what to expect in your program and items such as withdraw and refund policies. Many of us will sign off and agree to terms and conditions when registering without reading first. Please review this information so you are fully informed as our volunteers must follow the club bylaws and policies.

Please go to our **Links Page** (on our Home Page Menu Bar) for vital information. All parents are asked to **view the Parent Section of Responsible Coaching**.

New Link to assist on how to find your assessment records for Canskaters as well as information on how to find your assessment records for STARskaters (those who have completed Canskate).

Important Dates

July 1st: Fall Skating Registration OPENS

August 19th: Winter Skating Registrations OPEN

“Unsure which group to register in...contact us for guidance”

September 4th: 1st day of Fall Skating Programs

September 14th: Craft Fair

October 3rd & 4th: Motivational & Education Days for all STARskaters including Jumpstart, Juniors and Seniors

Events Tab being updated daily as new competition dates are set.